



Renaissance Academy

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RA Virtual “Field Day” Week: May 18th – 22nd, 2020

While we will be missing our usual Field Day event this year, let's still have some fun and show our school and House Team spirit!

Share your pics on [RA's Facebook Page](#) and hashtag: #RAVirtualFieldDay, #RAProud, Be sure to add your House Team for points! #HS, #BB, #MP, #KF

Monday, May 18th: Field Day Shirt Spirit Day

Wear and share your favorite field day shirt from past years, make a new one, or wear an RA spirit day shirt. Be sure to # your House Team name to get one point per post.

Tuesday, May 19th: Relay Day

Post a picture/ video of you and a sibling or family members doing a three-legged race, egg and spoon relay, or make up your own. For those who like individual events, students can also post a distance walk/jog. Wear your House Team color and # your House Team name to get one point per post.

Wednesday, May 20th: Obstacle Course Day

Make up your own obstacle course and take a picture /video and share it. Wear your House Team color and # your House Team name to get one point per post.

Thursday, May 21st: Memory Day

Share a favorite memory of past field days. This can be a video or pictures of years past showing the student's favorite field day memories. For our new students or Kindergartners, they can post what they were looking forward to on their first field day at RA.. Wear your House Team color and # your House Team name to get one point per post.

Friday, May 22nd: Challenge Day

Post how many push-ups, sit-ups, or lunges you can do in one minute. This could be a combination of all three, two, or just choose one to do in a minute. Each post will receive one point. The house team that collectively does the most push-ups, sit-ups, or lunges in a minute wins all the post points for the day! Be sure to # your House Team name.

We look forward to seeing you and your spirit!